**Attention Staff & Students Grades 4th-6th**

**Join us for:**

**Silly Socks Running Club**

**When: Tuesday & Thursday mornings (September 5- October 12)**

**Time: 7:45-8:45 a.m.**

**Wear: Athletic clothes and tennis shoes (silly socks optional)**

**Bring: A water bottle**

**Drop-off: Front doors by the office. Please don’t get out of your car until an adult opens the front door.**

**Needed: A filled out Permission/Waiver Form (attached)**

**Two opportunities:**

1. **We need parents and teachers to volunteer at the club to help with**

**tracking laps and encouraging the runners. Volunteers are welcome to run/walk laps with the students.**

1. **We are encouraging staff and students to participate in the Lee’s Summit Educational Foundation’s “Race for the Future.” This 5K race is at Lee’s Summit West High School on Saturday, October 14th.**

**Club Leader: Wendy Evans, PE teacher @ SPE**

 **wendy.evans@lsr7.net**